

Accompanying Jesus: How are you Jesus?

Diary of adoration by Sally Choi

Date: March 17 2009

When I went to adoration this morning, the adoration chapel was being cleaned so that the Eucharist had been moved to a temporary room. An elderly and a priest were also there. This room is big and has windows all around so that we can see the trees and shrub outside. We also heard the birds singling and the children playing. I could not concentrate in prayer. I was so distracted that even Eucharist looks ordinary at that time. After the elderly left, only the priest and I were in the room, and I continued to say the rosary. Then a staff came to tell the priest that the adoration chapel had finished cleaning, and it was ready to move the Eucharist back to the chapel. The staff then left. Then the priest said to me, "Let us bring the Eucharist back to the chapel now."

As Father raised up the Eucharist in the Emporium and as I looked at Jesus, I wanted so much to go forward to greet him that I had even forgotten the formality to genuflect. So I spontaneously come forward right in front of Jesus. With both hands closed, I bowed and greeted, "How are you Jesus!" I had acted so naturally and my greeting was loud that Father laughed a little bit.

I then walked behind Father as he was holding Jesus. My mind was completely occupied that I could so closely encounter Jesus and followed him. This is the first time during adoration that I felt this way that I simply have to go forward to greet Jesus even in front of Father. Jesus is so real. He is really in front of me! Oh, Jesus is so dear and intimate. Jesus is so close to me and so warm!

We walked to the adoration chapel, and father placed Jesus back on to the altar. Then father asked me to sing a hymn with him, but I do not know the hymn in English. So I prayed, "Jesus please teach me. I do not know how to sing." As father began to sing slowly, I found that I was able to follow! It was wonderful. There were only the voices of father and me, and it was very sweet.

Father left afterwards after thanking me. So, only I remained there, looking deeply into Jesus in the Eucharist. Jesus had overwhelmed me. I cried and was very touched. I thanked Jesus granting me such a big favor – that I can go forward to greet You! I even desired to go up to the altar to embrace the Eucharist. Oh Jesus my Lord, I want to praise you. I want to thank you and love you for my entire life! Alleluia.

陪伴耶穌：耶穌你好！

羅麗蘭朝拜聖體日記

二零零九年三月十七日：

今天一早去朝拜聖體，當我到達教堂時，聖體小堂正在打掃清理，聖體已暫移到另一房間。我進去時，見到一位老人和一位神父。這個房間很大，週圍都是玻璃窗，可看到外出的花草叢林，聽到小鳥的叫聲和小朋友在玩耍的聲音。但這令我很分心，當時我毫不專心祈禱，連看到聖體也好像只是一件平凡的物件。後來那位老年人離開了，就只剩下我和神父兩人，當時我正繼續唸玫瑰經，有位工作人員通知神父，聖體小堂已打掃完畢，可以把聖體移回小堂了。工作人員走後，神父就叫我過來說：「現在讓我們把聖體送回小堂吧。」

當他高舉聖體時，我感動得忘了屈膝下跪，就激動地走上前去更加接近耶穌聖體，我合著雙手向祂鞠躬，便大聲說：「耶穌你好！」神父看在眼裏也笑了一笑。然後，我跟隨在神父後面走，一路上，腦海只想著剛才的情況，我和耶穌那麼接近，又跟往祂一齊行走。這是在朝拜聖體中，第一次這樣徑自在神父前面對著聖體向耶穌問好，當時耶穌實實在在臨現在我前，祂很接近我、祂親切得難以形容、祂是多麼溫暖啊！

我一直跟隨神父走往小堂把聖體放回祭壇上後，神父叫我们一起唱歌，這首聖歌是我不認識的，我心裡便請求耶穌：「耶穌，我不懂得怎樣唱，請你教我。」神父開始唱了，他唱得很慢，我竟然可以跟他一起唱。當時真是很美妙，只有我和神父的聲音，真是很悅耳。

唱完了，神父說聲謝謝便離開了。這時只剩下我一人，我深深地望著聖體，我很感動、非常感動，我哭了。多謝耶穌賜予我那麼大的恩寵，我真的很想走上祭壇前擁抱耶穌聖體。

主耶穌，我要讚美你、我要感謝你、我要愛慕你，我要一生一世讚美、感謝、愛慕你。亞肋路亞！